

Getting started

Fact sheet: CDT screening – what you need to know

What is CDT screening?	<p>CDT (carbohydrate-deficient transferrin) is a blood test designed to identify excess consumption or harmful use of alcohol.</p> <p>We use CDT screening to monitor practitioners and students where there is a history of or concerns about alcohol misuse or dependence.</p>
Why do we need you to undergo CDT screening?	<p>We need to make sure that practitioners and students with a history of or concerns about alcohol misuse or dependence are safe to be in practice or training. This is to protect the public from possible harm.</p> <p>Negative CDT screening results are an effective way for us to know you are not affected by alcohol and can continue safely in practice or training.</p>
How does screening benefit you?	<p>CDT screening and subsequent negative results gives assurance to you, the public, and your employers that you can continue safely in practice or training.</p>
What information should I have received?	<p>You should have received:</p> <ul style="list-style-type: none">• our Alcohol screening policy, and its supporting Participant procedure: CDT screening• list of Council-approved collection centres• Collection centre nomination form• Illness certificate form• Leave from screening form.
When do I have to start screening?	<p>We will tell you when you need to attend for your first CDT screening test. After that you will need to attend for CDT screening on the first Monday of the month.</p>
Where do I go to have my sample collected?	<p>You need to go to a Council-approved collection centre to have your sample collected. If you cannot go to a Council-approved collection centre, you need to propose an alternative arrangement on your Collection centre nomination form.</p> <p>We will then let you know whether your alternative arrangement is approved.</p>
How do I start screening?	<p>Before you start CDT screening you must:</p> <ul style="list-style-type: none">• choose a Council-approved collection centre• confirm the opening hours of your nominated collection centre and the time you need to attend• complete our Collection centre nomination form. <p>Please get this form to us within 2 days of the CDT screening condition being placed on your registration so we can set up and send to you your <i>Screening request</i> form.</p>

What do I need to do on the day of screening?

- take any regular medication
- bring a copy of your *Screening request* form (we will give this to you before you start screening)
- know what current medications you are taking as you will be asked about this
- bring a type of government-issued photo identification, such as a valid driver licence, identity card or passport
- attend your approved collection centre to have your blood sample collected
- be prepared to pay for screening via credit/debit card.

How much will it cost?

You are responsible for all CDT screening costs.

If you attend for screening at a Council-approved collection centre the cost will be:

Screening test	Cost*
CDT	\$ 27.50

* inclusive of GST, collection and transport if participant attends a Council-approved collection centre

What happens to my results?

All samples are screened by Queensland Medical Laboratory (QML). QML will send your results to the groups listed on your *Screening request* form.

We will manage your results as outlined in the [Participant procedure: CDT screening](#).

What do I need to be careful of?

Some prescription medicines, over-the counter preparations, health and personal hygiene products, and foods and drinks can cause positive results. It is your responsibility to avoid these while you are attending for screening. More information about what to avoid is included in the [Participant procedure: CDT screening](#).

What do I do if I am absent, or if something goes wrong?

The [Participant procedure: CDT screening](#) outlines what to do if you need to be or are absent from screening, or if any operational issues arise.

What do I do now?

You need to read the information you have been provided to make sure you understand what is required of you and your screening conditions.

Contact us on 02 9879 2200 or medicalcouncil.monitoring@mcnsw.org.au if you have any questions.



Alcohol screening policy

Medical Council policies outline legislative principles and can also reflect the values/philosophies of the Medical Council. They direct conduct and decision making and must be complied with and implemented by members and staff or delegates of the Council and/or medical practitioners and students practising and training in NSW.

Document type	TRIM reference	Number
Policy	DD17/63379	POLMED002

Date of endorsement	Endorsed by	Publication date	Review date
6 February 2018 (effective from 4 June 2018)	Medical Council of NSW	11 April 2018	6 February 2018

Summary

This policy and its related procedures outline how to comply with conditions requiring a medical practitioner or student to undergo alcohol screening and the consequences of any non-compliance.

Applies to (scope)

- NSW medical practitioners and students required to undergo alcohol screening
- Medical Council of NSW, its delegates and secretariat staff

Document owner	Functional group/subgroup
Medical Director	Monitoring

Alcohol screening policy

1. Purpose

To ensure that medical practitioners and students who are required to undergo alcohol screening comply with conditions imposed on their registration, and explain the consequences of non-compliance.

2. Introduction

The Council uses alcohol screening to monitor medical practitioners and students where there is a history of or concerns about alcohol misuse or dependence.

The Council uses the following screening tests either on their own or in combination to monitor participants:

- Breath-testing for alcohol
- EtG screening
- CDT screening

The Council understands that alcohol screening can be inconvenient, intrusive, and expensive. However, negative alcohol screening results are an effective way for the Council to protect the public, by knowing that a participant is not affected by alcohol and can continue safely in practice or training.

3. Definitions and abbreviations

Term	Explanation
breath-testing for alcohol	a screening test to ensure a participant is not under the influence of alcohol
CDT	Carbohydrate-Deficient Transferrin – a screening test designed to identify excess consumption or harmful use of alcohol
Council	Medical Council of NSW
EtG	Ethyl-glucuronide – a screening test to monitor compliance for abstinence from alcohol, by detecting the presence of EtG (an alcohol breakdown product) in urine
the guidelines / the national guidelines	Australian Guidelines: To reduce health risks from drinking alcohol , as revised from time to time
HCCC	Health Care Complaints Commission
participant	a medical practitioner or student participating in alcohol screening because a condition on their registration requires it
the Standard	the AS/NZS 4308:2008, <i>Procedures for specimen collection and the detection and quantitation of drugs of abuse in urine</i>
substance	any: <ul style="list-style-type: none"> • substance listed in Schedule 1 of the <i>Drug Misuse and Trafficking Act 1985</i> • pharmacist only, prescription only or controlled drug medication as contained in Schedule 3, 4 or 8 of the Poisons Standard (SUSMP)
the Tribunal	NSW Civil and Administrative Tribunal

4. Mandatory requirements for alcohol screening

4.1. Compliance with this policy

Participants must comply with all aspects of this policy, the Council’s related alcohol screening procedures and all alcohol screening conditions on their registration.

If a condition is inconsistent with this policy or the procedures, the condition prevails.

All aspects of screening, including the type of screening and how often participants must attend, will be overseen by the Council. Compliance will be monitored by the monitoring team.

4.2. Non-compliance with alcohol screening

Non-compliance with alcohol screening is any failure to follow the requirements of this policy, the Council’s alcohol screening procedures, and any alcohol screening conditions on a participant’s registration.

If a participant does not comply, the Council will ask them for a written explanation, and may also ask the breath-testing supervisor and breath-testing device manufacturer, or pathology provider for more information. The Council will then consider whether further action is required. In some cases the Council may take action without asking the participant for an explanation.

Non-compliance with alcohol screening includes, but is not limited to, the circumstances listed in the following table.

Screening type	Circumstance
All	<ul style="list-style-type: none"> a positive alcohol screening result the participant fails to commence screening within the required timeframe the participant fails to attend for screening when required the participant provides samples for screening outside of the approved collection and testing regimen the participant fails to complete request forms as required (not for breath-testing) the participant provides samples that do not meet the chain of custody (not for breath-testing) the participant uses, makes, alters or possesses an object or product to defraud an alcohol screening test the provided sample is inadequate or unsuitable for testing the participant fails to provide supporting information about any absences from screening within the required timeframe a pattern of participant behaviour raises concerns about their compliance with this policy, the related procedures or related conditions on their registration.
Breath-testing for alcohol	<ul style="list-style-type: none"> the participant fails to provide the <i>Starting breath-testing for alcohol</i> form within the required timeframe or the information submitted is inadequate or insufficient for approval the participant fails to maintain their breath-testing log as required

- the participant fails to provide their breath-testing log to the Council
- the participant fails to service their breath-testing device as required
- the participant fails to make alternative arrangements for breath-testing while their device is being serviced.

If a participant does not comply the Council may:

- give the participant a warning and explain any other action the Council may take if they do not comply in the future
- increase the frequency or length, or change the type of alcohol screening
- require that the participant attend an interview or hearing to consider the matter further
- take immediate action, such as imposing more restrictive conditions (including a critical impairment condition) on or suspending the participant's registration and refer a complaint to the HCCC
- refer a complaint to the HCCC.

4.3. Compliance with critical impairment and critical compliance conditions

4.3.1. Critical impairment and critical compliance conditions

There are two types of critical conditions that can be imposed on a participant's registration that have specific consequences for non-compliance. The following table shows which bodies can order these conditions and which participant group is affected.

Condition type	Ordered by	For
Critical impairment condition	Medical Council of NSW	Medical practitioners
Critical compliance condition	the Tribunal	Medical practitioners and students
	Professional Standards Committee	Medical practitioners

4.3.2. Non-compliance with critical impairment and critical compliance conditions

If a participant does not comply with a critical impairment or critical compliance condition, the Council must take action. The following table shows what action is taken if the Council considers that a participant has breached one of these conditions.

Condition type	Action taken
Critical impairment condition	The Council must refer the matter to the HCCC
Critical compliance condition	The Council will immediately suspend the participant's registration and refer the matter to the Tribunal, which must cancel the participant's registration if it is satisfied that the condition has been breached

5. Implementation

Implementing party (Position/Groups/Bodies)	Key actions required by identified party to implement the policy
NSW medical practitioners and students	comply with this policy, its related procedures and related conditions imposed on their registration.
Monitoring team	monitor compliance with this policy, its related procedures and related conditions imposed on a participant's registration, on behalf of the Council.
the Council	make decisions about a participant's progress with screening and compliance with this policy, the related procedures and any related conditions imposed on their registration.

6. Legislation and references

Laws and standards	AS/NZS 4308:2008, <i>Procedures for specimen collection and the detection and quantitation of drugs of abuse in urine</i>
Handbooks	The Council's Health Program Handbook provides participants with more information about the Health program.
Fact sheets	The Council has a range of fact sheets providing information about alcohol screening.

7. Related policies

Medical Council of NSW *Participant procedure: breath-testing for alcohol*

Medical Council of NSW *Supervisor procedure: breath-testing for alcohol*

Medical Council of NSW *Participant procedure: EtG screening*

Medical Council of NSW *Participant procedure: CDT screening*

8. Revision history

Version	Approved by	Amendment notes
N/A	N/A	N/A



Participant procedure: CDT screening

Procedures provide practical step by step guidance to describe processes and actions required to enable the implementation of a policy or guideline. They can also be developed to ensure compliance with legislative or policy requirements by members, staff or delegates of the Council

Document type	TRIM reference	Number
Procedure	DD17/63382	PROMED004

Date of endorsement	Endorsed by	Publication date	Review date
6 February 2018 (effective from 4 June 2018)	Medical Council NSW	11 April 2018	6 February 2023

Summary

This procedure explains to medical practitioners and students who have CDT screening conditions imposed on their registration how to participate in screening. It also explains the process for sample collection for any other blood tests that may be required in the course of alcohol screening.

Applies to (scope)

- NSW medical practitioners and students required to undergo CDT screening
- Medical Council of NSW, its delegates and secretariat staff

Document owner	Functional group/subgroup
Medical Director	Monitoring

Participant procedure: CDT screening

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Participant procedure: CDT screening

1. Purpose

If you have CDT screening conditions on your registration, this procedure explains how to:

- prepare for screening
- give samples at the required times
- get your results
- manage any absences you need to take
- apply to decrease your screening.

If you are required to have any other blood test in the course of alcohol screening, this procedure explains how to give that sample.

2. Compliance context

You must comply with this procedure and:

- our *Alcohol screening policy*
- any alcohol screening conditions on your registration

If a condition on your registration is inconsistent with this procedure or the *Alcohol screening policy*, the condition prevails.

If you must attend other types of alcohol screening you must also comply with the relevant alcohol screening procedure.

We will decide all aspects of screening, including how often you need to attend. Our monitoring team will monitor your compliance.

3. Key information

We use CDT screening to monitor medical practitioners and students where there is a history of or concerns about alcohol misuse or dependence and whose conditions require them to only consume alcohol in a controlled and safe manner, as per the national guidelines. We do this to protect the public.

We understand that providing samples can be inconvenient, intrusive and expensive. However, negative CDT results are an effective way for us to know you are not affected by alcohol and can continue safely in practice or training.

4. Responsibilities

Parties responsible (Positions/Groups/Bodies)	Key responsibilities
NSW medical practitioners and students	comply with processes for CDT screening outlined in this procedure.
Monitoring team	monitor compliance with this procedure on behalf of the Council.
the Council	make decisions about a participant's progress and compliance with the <i>Alcohol screening policy</i> and this procedure.

5. Definitions and abbreviations

Term	Explanation
CDT	Carbohydrate-Deficient Transferrin – a screening test designed to identify excess consumption or harmful use of alcohol
Council / we / our	Medical Council of NSW
the guidelines / the national guidelines	Australian Guidelines: To reduce health risks from drinking alcohol , as revised from time to time
participant / you / your	a medical practitioner or student participating in CDT screening because a condition on their registration requires it
substance	any: <ul style="list-style-type: none"> substance listed in Schedule 1 of the <i>Drug Misuse and Trafficking Act 1985</i> pharmacist only, prescription only or controlled drug medication as contained in Schedule 3, 4 or 8 of the Poisons Standard (SUSMP).

6. Preparing for screening

6.1 Timing

Start date	We will tell you when you need to start CDT screening.
Frequency	You must attend for CDT screening on the first Monday of the month.
Public holidays	You do not need to attend for scheduled screening on public holidays (as defined in the <i>Public Holidays Act 2010 (NSW)</i>). But you must attend the next business day after the holiday.

Extra screening	<p>We may require you to attend for extra screening if we:</p> <ul style="list-style-type: none"> • are concerned you are not complying with this procedure, the related policy or any alcohol screening conditions on your registration • believe you may have consumed alcohol excessively. <p>We will advise when you need to attend for extra screening. You may need to attend on a weekend.</p>
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6.2 What to avoid

Alcohol	You may only consume alcohol in a safe and controlled manner as per the guidelines.
Prescribed substances and over-the-counter preparations	<p>Some prescription medicines and over-the-counter preparations may cause abnormal screening results. It is your responsibility to avoid these while you are attending for screening.</p> <p>You must vigilantly check any prescribed medicines and over-the-counter preparations you take, including supplements and complementary medicines. You must review the ingredient list for alcohol and any substance that may cause abnormal results. If the exact ingredients are not listed or you are unsure, you must avoid the preparation.</p>
Some health and personal hygiene products, food and drink	<p>Ingredients in health and personal hygiene products, foods and drinks can cause abnormal results.</p> <p>Before you use a health or personal hygiene product or eat or drink anything, carefully check that it does not include alcohol or any other ingredients that may cause abnormal results. If you cannot find out its exact ingredients, you must avoid it.</p>

7. Giving samples

7.1 Collection centres

Council-approved collection centres	<p>You must attend a Council-approved collection centre for screening.</p> <p>Contact your nominated collection centre to confirm their opening hours and the time you need to attend.</p>
Alternative arrangements	<p>We must approve any alternative arrangements, and will only do so in exceptional circumstances.</p> <p>If you cannot attend a Council-approved collection centre,</p>

you must:

- write to us explaining why
- propose an alternative collection arrangement.

These arrangements must meet all our collection and screening requirements, and can include collection by a local registered medical practitioner, nurse or pathology provider. You are responsible for any additional costs that may be incurred.

7.2 Sample collection and handling

Blood

All blood samples are collected and handled in line with all relevant standards of the Council's approved pathology provider and this procedure.

You must not handle your specimen at any time during the collection.

7.3 Forms

CDT screening request form

We will provide you with *CDT screening request* forms. You must complete the participant section of this form at every collection.

You must complete this form correctly or the pathology provider may not screen your sample.

On the form, you must write down:

- any substances (prescribed or otherwise) you consumed since your last sample collection
- which parties need your results, including us, your treating practitioner and your Council-appointed practitioner
- whether you want your results sent to you and any relevant group e.g. medical indemnity insurer.

Chain of custody

Every sample must have an accompanying chain of custody form.

You must ensure the collector completes this form, and you must sign it when the sample is collected.

We recommend you also keep your own sample collection records and ask the collector to sign them each time.

7.4 Costs, identification and privacy

Payment You are responsible for all collection and screening costs. You must pay the collection centre when you attend for screening. If you cannot pay when you attend, the centre cannot collect a sample. We will consider this a missed screen.

Screening is not eligible for a Medicare rebate.

Proof of identity You must show government-issued photo identification, such as a valid driver licence, identity card or passport, to the collector each time you give a sample.

Pseudonyms If we approve, you can use a pseudonym for screening. You must write to us and provide your:

- proposed pseudonym
- real name and photo identification
- consent to provide the pseudonym to all treating practitioners and Council-appointed practitioners who may receive your screening results.

The collector must verify your real identity each time you give a sample.

8. Getting your results

8.1 Recipients

Nominated parties The pathology provider will send your results to the parties nominated on your *CDT screening request* form.

You can also request a copy for:

- yourself
- any relevant group e.g. medical indemnity insurer.

8.2 Interpreting results

Interpreting CDT results All CDT results will be considered by the Council. We may ask the pathology provider for more information to interpret the result. A guide to result interpretation is included below.

Result	Interpretation
< 1.7%	Low
1.7 – 2.5%	Borderline
> 2.5%	Frankly elevated

- Unsatisfactory results** Your CDT result is unsatisfactory if your blood sample is:
- adulterated or substituted
 - otherwise inadequate or unsuitable.
- If you receive an unsatisfactory result, we will:
- ask you for a written explanation
 - use your explanation and information from the pathology provider to decide whether to take further action.

9. Managing absences and operational issues

9.1 Absences from screening

- All absences** You must follow these procedures when taking leave from practice. If you take leave, we may also:
- require your employer or accreditor to confirm your leave period
 - verify your absence from practice with Medicare.
- If you are absent and do not follow these procedures we may take further action, particularly if your absences follow a pattern.

- Planned absences** If you intend to take a planned absence from practice, you must:
- complete our [Leave from screening](#) form
 - ensure we receive this at least 5 business days before your planned absence.
- You must tell us if you plan to be absent on the date you must attend CDT. We will tell you when you need to attend for screening. We will use the date you attend to recalculate your next screening date.

You must also meet the following requirements:

Reason	Requirements
Planned medical procedure	<p>You must inform us of any planned medical procedure that may stop you from attending for screening.</p> <p>When you return from leave, you must:</p> <ul style="list-style-type: none"> • attend for screening no later than the next business day • send us written confirmation of the procedure from the practitioner who performed it and any substance they advised, prescribed or administered, within 5 business days.

Unplanned absences

If you have an unplanned absence from CDT, you must meet the following requirements:

Reason	Requirements
Missed screen	<p>If you realise you have missed your screening, you must:</p> <ul style="list-style-type: none"> • notify us immediately and explain why • provide us with evidence to support your absence within 5 business days • attend for screening no later than the next business day.
Illness	<p>If you are ill and cannot attend for screening, you must:</p> <ul style="list-style-type: none"> • notify us within 24 hours of failing to attend • visit a medical practitioner who knows you are required to attend for screening and ask them to complete an Illness certificate form. <p>When you return from leave, you must:</p> <ul style="list-style-type: none"> • attend for screening no later than the next business day • ensure we receive your Illness certificate form within 5 business days. <p>The certifying medical practitioner can only certify that you are ill for a maximum of 3 business days. If you are ill for more than 3 days you need to notify us and send us another completed Illness certificate form. We prefer the same medical practitioner completes the form each time.</p> <p>If you remain ill after that and are unable to screen you must contact us and provide supporting information from your treating practitioner about your illness, whether any substance has been advised, prescribed or administered, and when you will be able to return to screening. You must not practise during this time.</p>

9.2 Operational issues

Pathology provider issues

If the Council-approved collection centre cannot collect your sample, you must:

- tell us immediately
- attend for screening no later than the next business day
- send us the pathology provider’s written explanation for why they could not collect the sample, within 5 business days.

10. Ending your screening

10.1 Decreases

Decreasing your screening We will decide when you can end your CDT screening.

Reviews You can request a review of your screening requirements by writing to us and providing evidence to support this request.

Considerations We will decide whether to end your screening based on factors such as:

- your request and the evidence you provide
- your CDT screening results and other information from the pathology provider
- any other alcohol screening results
- reports from your Council-appointed practitioner, treating practitioner and any interview or hearing with us
- your compliance with the conditions on your registration
- your engagement with treatment
- your health
- any other information about your progress.

11. Contacts and further information

Drug screening contacts	Support services
<p>Queensland Medical Laboratory (QML) Phone: 07 3121 4945 (Commercial services) Visit: www.qml.com.au</p>	<p>Doctors Health Advisory Service Phone: (02) 9437 6552 Visit: www.dhas.org.au</p>
	<p>Medical Benevolent Association of NSW Phone: (02) 9987 0504 Visit: www.mbansw.org.au</p>
<p>Council details Phone: 02 9879 2200 Visit: www.mcnsw.org.au Mail: PO Box 104, Gladesville, NSW 1675 DX: 22808 Gladesville</p>	<p>Beyond Blue Phone: 1300 22 4636 Visit: www.beyondblue.org.au</p>
	<p>Lifeline Phone: 13 11 14 Visit: www.lifeline.org.au</p>
	<p>Alcoholics Anonymous Australia Phone: 1300 222 222 Visit: www.aa.org.au</p>
	<p>Australian Doctors in Recovery Visit: https://www.idaa.org/sites/adr/</p>

12. Legislation and references

Handbooks	Our Health Program Handbook provides you with more information about the Health program
Fact sheets	We have a range of fact sheets providing information about alcohol screening.

13. Related policies

Medical Council of NSW *Alcohol screening policy*

14. Revision history

Version	Approved by	Amendment notes
N/A	N/A	N/A

Drug and alcohol screening collection centres: NSW & ACT

Region: ACT

Westfield Shopping Centre
Lower Ground
Shop 104
Belconnen 2617

Ph: 02 6253 1476

Hours: Mon-Fri: 07:30-15:30

Services: UDS

1st Floor, Florina Building
Garema Place
Civic Square 2601

Ph: 02 6257 3254

Hours: Mon-Fri: 08:00-13:00, 13:30-16:00

Services: UDS

Pathology Suite
23-25 Montague St
Goulburn 2580

Ph: 02 4821 7807

Hours: Mon-Fri: 08:00-16:30

Sat: 09:00-12:00

Services: UDS

131 Hibberson St (Hinder)
Gungahlin 2912

Ph: 04 8191 8077

Hours: Mon-Fri: 07:00-18:00

Sat: 08:00-14:00

Services: UDS

Moruya Medical Centre
73a Queen St
Pathology Suite 1
Moruya 2537

Ph: 02 4474 5893

Hours: Mon-Fri: 08:00-16:30

Services: UDS

Unit 7a
Rutledge Plaza
2-4 Rutledge St
Queanbeyan 2620

Ph: 02 6297 6440

Hours: Mon-Fri: 07:30-13:00, 13:30-15:30

Services: UDS

Pathology Suite
2 Rylah Crescent
Wanniassa 2903

Ph: 02 6231 1088

Hours: Mon-Fri: 07:00-19:00

Sat: 08:40-16:30

Services: UDS, Hair

Suite 16
Corrina Chambers
Corrina St
Woden 2606

Ph: 02 6285 4349

Hours: Mon-Fri: 07:30-16:00

Services: UDS, Hair

Region: Central Coast

Pathology Suite
1639 Nurses Rd
Central Mangrove 2250

Ph: 02 4373 1864

Hours: Mon-Fri 08:00-13:00, 13:30-15:00

Sat: 08:30-12:00

Services: UDS

Shop 3, 5 & 7
Killarney Vale Arcade
128 Wyong Rd
Killarney Vale 2261

Ph: 02 4334 1904

Hours: Mon-Fri: 07:00-12:00, 12:30-15:30

Sat: 08:00-11:30

Services: UDS

Lisarow Medical Centre
Pathology Suite
1 Parsons Rd
Lisarow 2250

Ph: 02 4329 4132

Hours: Mon-Fri: 08:00-13:00, 14:00-16:30

Sat: 08:30-11:30

Services: UDS

North Gosford Medical Centre
66 Etna St (24 Henry Parry Dr)
North Gosford 2250

Ph: 02 4331 4090

Hours: Mon-Fri 07:30-13:00, 14:00-16:00

Services: UDS, Hair

Saratoga Shopping Centre
Shop 17
10 Village Rd
Saratoga 2251
Ph: 02 4369 5546
Hours: Mon-Fri: 08:00-11:00
Services: UDS

Shop 2
227-229 The Entrance Rd

The Entrance 2261
Ph: 02 4332 5222
Hours: Mon-Fri: 07:00-12:00, 13:00-15:30
Services: UDS

1 Alfred St
Umina 2257
Ph: 02 4342 3999
Hours: Mon-Fri 07:30-12:00, 13:00-15:00
Sat: 08:00-11:00
Services: UDS

Suite 10
Wyong Village Plaza
Corner Alison And Margaret Sts
Wyong 2259
Ph: 02 4353 2011
Hours: Mon-Fri: 07:30-13:00, 13:30-15:30
Services: UDS

Region: Central West

Charles Sturt Uni
Building 1470
106 Panorama Ave
Bathurst 2795
Ph: 02 6331 6677
Hours: Mon-Fri: 08:00-15:00
Services: UDS

Rarms Health
7 Sandon St
Brewarrina 2839
Ph: 02 6822 5013
Services: UDS

61 Gaskill St
Canowindra 2804
Ph: 02 6344 2370
Services: UDS

Canowindra Medical Centre
106 Gaskill St
Canowindra 2804
Ph: 02 6344 2957
Hours: Mon-Fri: 08:00-13:00
Services: UDS

Cobar Primary Health Care Centre
26 Harcourt St
Cobar 2835
Ph: 02 6836 2913
Hours: Mon-Fri: 08:00-15:30
Services: UDS

Ochre Health Medical Centre
3-5 Melrose St
Condobolin 2877
Ph: 02 6895 4096
Hours: Mon-Fri: 07:30-13:00
Services: UDS

Suite 3
17 Tooloon St
Coonamble 2829
Ph: 02 6822 5013
Services: UDS

99 Castlereagh St
Coonamble 2829
Ph: 02 6822 1177
Hours: Mon-Fri: 07:30-14:30
Services: UDS

Western Plains Medical Centre
Pathology Room 1 And 2
62 Windsor Pde
Dubbo 2830
Ph: 02 6884 1571
Hours: Mon-Fri: 07:00-17:00
Sat: 08:00-14:00
Sun: 08:00-14:00
Services: UDS

Delroy Park Medical Centre
2-4 Carnegie Ave
Dubbo 2830
Ph: 02 6882 1533
Hours: Mon-Fri: 08:30-12:30
Services: UDS

Rear 6
Chelmsford Ave
Gilgandra 2827
Ph: 02 6847 1738
Hours: Mon-Fri: 08:30-12:00
Services: UDS

Gulgong Medical Centre
102 Herbert St
Gulgong 2852
Ph: 02 6374 2989
Hours: Mon-Fri: 08:00-13:30
Services: UDS

Lightning Ridge Health Centre
53 Morilla St
Lightning Ridge 2834
Ph: 02 6829 1114
Hours: Mon-Fri: 09:00-13:00
Sat: 09:00-13:00
Services: UDS

Pathology Suite
Lots 8-10/145 Church St
Mudgee 2850
Ph: 02 6372 2119
Hours: Mon-Fri: 08:30-16:00
Sat: 08:30-12:00
Services: UDS

5 McNamara St
Orange 2800
Ph: 02 6360 2519
Hours: Mon-Fri: 08:30-16:30
Services: UDS, Hair

Pathology Suite 1
Shop 1
25 Church St
Parkes 2870
Ph: 02 6862 5038
Hours: Mon-Fri: 08:00-15:00
Services: UDS

15 Boorowa St
Young 2594
Ph: 02 6382 1212
Hours: Mon-Fri: 08:30-17:00
Services: UDS

Region: Coffs Harbour

32 Walter Morris Close
Coffs Harbour 2450
Ph: 02 6652 4322
Hours: Mon-Fri: 07:00-18:00
Sat: 09:00-12:00
Services: UDS, Hair

Unit 6 & 7 Peachtree Centre
26 Ridge St (enter Via Kent St)
Nambucca Heads 2448
Ph: 02 6568 7482
Hours: Mon-Fri: 07:30-17:00
Services: UDS

Region: Hunter

Cnr Northcott Drive
14 Bradford Close
Kotara 2289
Ph: 02 4952 5915
Hours: Mon-Fri: 07:00-18:00
Sat: 08:00-12:00
Services: UDS

Brook Medical Centre
64 Brook St
Muswellbrook 2333
Ph: 02 6542 5383
Hours: Mon-Fri: 08:30-17:30
Services: UDS

Shop 109
The Junction Village
10-16 Kenrick St
The Junction 2291
Ph: 02 4927 6742
Hours: Mon-Fri: 08:00-13:00
Services: UDS, Hair

Region: Illawarra & Nowra

Pathology Suite
Level 1
Shop 5
145 Balgownie Rd
Balgownie 2519
Ph: 02 4283 5427
Hours: Mon-Fri: 07:00-12:00
Services: UDS

Suite 10
Cnr Captain Cook Dr & Phillip Cres
Shellharbour 2529
Ph: 02 4295 8900
Hours: Mon-Fri: 07:00-18:00
Sat: 07:30-12:30
Services: UDS, Hair

Suite B
22-24 Pacific St
Batemans Bay 2536
Ph: 02 4472 6576
Hours: Mon-Fri: 07:30-13:00, 14:00-15:00
Services: UDS

1 Meroo St
Bomaderry 2541
Ph: 02 4422 6517
Hours: Mon-Fri: 08:00-12:00, 12:30-15:30
Services: UDS

Ground Floor
21 Bong Bong Rd
Dapto 2530
Ph: 04 0361 2095
Hours: Mon-Fri 07:00-13:00, 14:00-18:00
Sat: 08:00-11:00
Services: UDS

Dapto Medical Centre
Pathology Room 19
112 Pacific Hwy
Dapto 2530
Ph: 02 4262 4550
Hours: Mon-Fri: 07:00-20:00
Sat: 08:00-17:00
Services: UDS

Pathology Room 1
Shop 1
Centretown Plaza
128-134 Crown St
Wollongong 2500
Ph: 02 4226 6443
Hours: Mon-Fri: 08:30-13:00, 13:30-16:00
Services: UDS

Region: Metro East

Shop M109
BRdway Healthcare Floor
BRdway Shopping Centre
BRdway 2007
Ph: 02 9282 9245
Hours: Mon-Fri: 08:30-18:00
Sat: 09:00-13:00
Services: UDS, Hair

Consult B
Burwood Rd Medical Centre
1st Floor
85 Burwood Rd
Burwood 2134
Ph: 02 9744 1227
Hours: Mon-Fri: 07:30-17:00
Sat: 08:00-12:00
Services: UDS

Darlinghurst Medical Centre
213-219 Darlinghurst Rd
Darlinghurst 2010
Ph: 02 8302 1120
Hours: Mon-Fri: 07:00-19:00
Sat: 08:00-14:00
Sun: 08:00-14:00
Services: UDS

96 Norton St
Leichhardt 2040
Ph: 02 9568 6401
Hours: Mon-Fri: 07:30-16:30
Sat: 08:00-12:00
Services: UDS

Shop 2
805-813 Anzac Parade
Maroubra 2035
Ph: 02 9344 6756
Hours: Mon-Fri: 08:00-17:00
Sat: 07:30-12:00
Services: UDS

806-812 Anzac Parade
Maroubra 2035
Ph: 02 9349 9011
Hours: Mon-Fri: 07:00-19:00
Sat & Sun: 08:00-14:00
Services: UDS

Region: Metro North

10 Dale St
Brookvale 2100
Ph: 02 9034 1250
Hours: Mon-Fri: 06:00-20:00
Sat & Sun: 08:00-18:00
Services: UDS

240 Victoria Ave
Chatswood 2067
Ph: 02 9411 5224
Hours: Mon-Fri: 07:30-12:30
Sat: 07:30-11:30
Services: UDS, Hair

Forest Way Medical Centre
Consult Room 1
22 Forest Way
Frenchs Forest 2086
Ph: 02 9452 3877
Hours: Mon-Fri: 08:00-12:00
Sat: 08:00-11:00
Services: UDS

Ground Floor
60 Waterloo Rd
North Ryde 2113
Ph: 02 9005 7000
Hours: 07:30-13:30
Services: UDS, Hair

Region: Metro North West & Blue Mountains

Pathology Collection Room
20 Mary St
Auburn 2144
Ph: 02 9649 7625
Services: UDS

The Hills Medical/Dental Centre
2/3 Columbia Court
Baulkham Hills 2153
Ph: 02 9761 1194
Hours: Mon-Fri: 07:00-20:00
Sat: 08:00-13:00
Services: UDS

Pacific Medical Centre
23-27 First Ave
Blacktown 2148
Ph: 02 8602 8898
Hours: Mon-Fri: 07:00-20:00
Sat: 08:00-13:00
Services: UDS, Hair

Patrick St Medical Centre
Pathology Room
8 Patrick St
Blacktown 2148
Ph: 02 8645 4024
Hours: Mon-Fri: 07:30-16:00
Sat: 08:00-11:00
Services: UDS

Pathology Suite 1
1/101 Great Western Highway
Emu Plains 2750
Ph: 02 4735 3489
Hours: Mon-Fri: 08:30-13:30
Services: UDS, Hair

Quality Medical Centre
Pathology Room 5
417 Merrylands Rd
Merrylands 2160
Ph: 02 9897 3050
Services: UDS, Hair

Pathology Rooms 18 & 20
First Floor
243 High St
Penrith 2750
Ph: 02 4722 8591
Hours: Mon-Fri: 07:00-18:00
Sat: 08:00-13:00
Services: UDS

Path Room
184-186 Pitt St
Merrylands 2160
Ph: 02 8892 3357
Hours: Mon-Fri: 07:00-18:00
Sat: 08:00-12:00
Services: UDS

The Hawkesbury Family Practice
Consult Room 9
86 Lennox St
Richmond 2753
Ph: 02 4578 7898
Hours: Mon-Fri: 08:30-14:30
Sat: 08:30-12:30
Services: UDS

Primary Medical Centre
10-14 Market Lane
Rouse Hill 2155
Ph: 02 8889 8959
Hours: Mon-Fri: 07:00-20:00
Sat: 08:00-15:00
Services: UDS

Wentworthville Medical Centre
122 Station St
Wentworthville 2145
Ph: 02 9636 9325
Hours: Mon-Fri: 07:00-20:00
Sat: 08:00-13:00
Services: UDS

Suite 3
16-18 Mons Rd
Westmead 2145
Ph: 02 9635 3267
Hours: Mon-Fri: 08:00-16:00
Services: UDS

156 Best Rd
Seven Hills 2147
Ph: 02 8646 0684
Hours: Mon-Fri: 07:30-12:30
Services: UDS

Region: Metro South

Shop 1
1 Butler Rd
Hurstville 2220
Ph: 02 9580 8146
Hours: Mon-Fri: 07:00-18:00
Sat: 07:30-14:00
Sun: 08:00-12:00
Services: UDS, Hair

3 White St
Jannali 2226
Ph: 02 9528 8331
Hours: Mon-Fri: 07:30-17:30
Sat: 07:30-12:00
Services: UDS

Region: Metro South West

Tharawal Aboriginal Corp
Consulting 1
21 Deans Rd
Airds 2560
Ph: 02 4628 4837
Hours: Mon-Fri: 09:00-12:00
Services: UDS

Primary Healthcare
67 Rickard Rd
Bankstown 2200
Ph: 02 9782 9658
Hours: Mon-Fri: 07:00-19:00
Sat: 08:00-12:00
Services: UDS

Suite 3
Kitchener Building
52 Kitchener Parade
Bankstown 2200
Ph: 02 9709 4411
Hours: Mon-Fri: 07:30-16:30
Sat: 08:00-12:00
Services: UDS, Hair
Camden Family Medical Centre
25 Broughten St
Camden 2570
Ph: 02 4655 7538
Hours: Mon-Fri: 08:00-13:00
Services: UDS

Centre Health Medical Centre
Level 1
32 Queen St
Campbelltown 2560
Ph: 02 4625 9765
Hours: Mon-Fri: 09:00-13:00
Services: UDS

Campbelltown Mall
Shop L09
271 Queen St
Campbelltown 2560
Ph: 02 4625 8010
Hours: Mon-Fri: 08:00-16:00
Sat: 08:00-11:00
Services: UDS, Hair

296 Queen St
Campbelltown 2560
Ph: 02 4628 7821
Hours: Mon-Fri: 07:00-20:00
Sat: 07:00-13:00
Services: UDS

Room 4
Civic Plaza
8/43 Ware St
Fairfield 2165
Ph: 02 9724 9695
Hours: Mon-Fri: 08:00-13:30, 14:00-16:00
Services: UDS

Pathology Suite 1
47a Oxford Rd
Ingleburn 2565
Ph: 02 9829 8317
Hours: Mon-Fri: 08:00-15:00
Sat: 08:00-11:00
Services: UDS, Hair

Pathology Suite 1
177 Elizabeth Drive
Liverpool 2170
Ph: 02 9601 7919
Hours: Mon-Fri: 08:00-14:00
Services: UDS

Pathology Suite
52 Hill Rd
Lurnea 2170
Ph: 02 9607 7387
Hours: Mon-Fri: 08:00-16:00
Sat: 09:00-12:00
Services: UDS

Region: New England

216 Rusden St
Armidale 2350
Ph: 02 6772 9000
Hours: Mon-Fri: 07:30-17:00
Sat: 07:30-11:30
Services: UDS, Hair

Pathology
Suite 1
East Ave Med Centre
39 East Avenue
Glen Innes 2370
Ph: 02 6732 2289
Hours: 08:00-12:00
Services: UDS

Norwest Family Medical
59 Barber St
Gunnedah 2380
Ph: 02 6742 3566
Hours: Mon-Fri: 08:00-12:30, 13:30-18:00
Services: UDS

Pathology Wing
Gunnedah Health Centre
27 Marquis St
Gunnedah 2380
Ph: 02 6742 3513
Hours: Mon-Fri: 07:00-11:00, 12:00-14:00
Sat: 08:00-11:00

Services: UDS, Hair
St Elmo Medical Practice
Pathology Room 1
27 Oliver St
Inverell 2360
Ph: 02 6721 3372
Hours: Mon-Fri: 07:30-13:00
Services: UDS

Pathology Suite
159 Maitland Rd
Narrabri 2390
Ph: 02 6792 5677
Hours: Mon-Fri: 08:00-13:00
Services: UDS

177 George St
Quirindi 2343
Ph: 02 6746 2462
Hours: Mon-Fri: 07:00-12:00, 13:00-16:00
Sat: 09:00-12:00
Services: UDS

Pathology Suite
30 Marius St
Tamworth 2340
Ph: 02 6768 5384
Hours: Mon-Fri: 08:00-12:00, 12:30-16:00
Services: UDS, Hair

128 Marius St
Tamworth 2340
Ph: 02 6766 1867
Hours: Mon-Fri: 07:00-17:00
Sat: 08:00-12:00
Services: UDS

Shop 15b
Homespace Centre
Cnr New England Hwy & Greg Norman Drive
437 Goonoo Goonoo Rd
Tamworth 2340
Ph: 02 6762 1590
Hours: Mon-Fri: 07:30-16:00
Sat: 08:00-11:00
Services: UDS

Region: Port Macquarie

Pathology Suite 1
23 Pacific St
Crescent Head 2440
Ph: 02 6566 1118
Services: UDS

Shop 2
35 Belgrave St
Kempsey 2440
Ph: 02 6562 5313
Hours: Mon-Fri: 07:00-17:00
Sat: 08:00-11:00
Services: UDS

Shop 3
60 Bold St
Laurieton 2443
Ph: 02 6559 6975
Hours: Mon-Fri: 08:00-12:30, 13:30-16:30
Sat: 08:00-11:30
Services: UDS

Your Family Practice
Pathology Room
97 Bold St
Laurieton 2443
Ph: 02 6559 9474
Hours: Mon-Fri: 08:00-14:00
Services: UDS

The Grange Medical Centre
Suites 6&7
72-80 Lake Rd
Port Macquarie 2444
Ph: 02 6583 7899
Hours: Mon-Fri: 08:30-13:00, 14:00-16:00
Services: UDS, Hair

Pathology Suite
Port Macquarie Base Hospital
Wrights Rd
Port Macquarie 2444
Ph: 02 5524 2500
Hours: Mon-Fri: 08:00-16:30
Services: UDS

Greenmeadows Health Centre
Suite 4
152 Greenmeadows Drive
Port Macquarie 2444
Ph: 02 6584 7062
Hours: Mon-Fri: 13:00-17:00
Services: UDS

Webster Medical Centre
56 Hills St
Port Macquarie 2444
Ph: 02 6584 7980
Services: UDS

84 Albert St
Taree 2430
Ph: 02 6552 4388

Hours: Mon-Fri: 08:00-15:00
Services: UDS, Hair

29 Breckenridge St
Forster 2428
Ph: 02 6554 7129
Hours: Mon-Fri: 08:00-17:00
Services: UDS, Hair

63 High St
Wauchope 2446
Ph: 02 6585 2106
Hours: Mon-Fri: 07:30-16:30
Sat: 08:00-11:00
Services: UDS

Region: Southern Highlands

Suite 13
70 Bowral St
Bowral 2576
Ph: 02 4862 3029
Hours: Mon-Fri: 07:30-13:00, 14:00-18:00
Sat: 07:30-11:30
Services: UDS

Region: Wagga Wagga

Suite 2
Primary Health Centre
118-132 Mckay St
Cootamundra 2590
Ph: 02 6942 3966
Hours: Mon-Fri: 08:00-12:30, 13:30-16:00
Services: UDS

3 Animoo St
Griffith 2680
Ph: 02 6964 1103
Hours: Mon-Fri: 07:30-17:00
Sat: 07:30-12:00
Services: UDS, Hair

Pathology Suite 1
98 BRdway
Junee 2663
Ph: 02 6924 3636
Hours: Mon-Fri: 08:30-13:00, 13:30-17:00
Services: UDS

Pathology Suite
77 Kurrajong Avenue
Leeton 2705
Ph: 02 6953 5279
Hours: Mon-Fri: 08:30-16:00
Services: UDS

Shop 2
135 East St
Narrandera 2700
Ph: 02 6959 9183
Hours: Mon-Fri: 07:30-15:30
Services: UDS

Pathology Room
1 Fitzroy St Med Centre
61 Fitzroy St
Tumut 2720
Ph: 02 6947 2011
Hours: Mon-Fri: 08:30-11:30
Services: UDS

53 Fernleigh Rd
Wagga Wagga 2650
Ph: 02 6925 5766
Hours: Mon-Fri: 08:00-17:30
Sat: 08:00-11:45
Services: UDS, Hair

Pathology Suites
135 Peter St
Wagga Wagga 2650
Ph: 02 6921 7044
Hours: Mon-Fri: 07:30-16:15
Services: UDS

33 Maitland St
West Wyalong 2671
Ph: 02 6972 1033
Hours: Mon-Fri: 08:30-13:00, 14:00-15:30
Services: UDS

Collection Centre Nomination Form

Complete this form and send it to us within 48 hours of being advised that you must go for screening. Email: medicalcouncil.monitoring@mcnsw.org.au Fax: 02 9816 5307

Your name _____

Type of screening Urine drug screening (UDS) EtG screening
 Hair Drug Screening (HDS) CDT

Council approved collection centre

NOTE - Not all approved centres are able to collect for HDS.

If you are required to screen with HDS you may be required to nominate two collection centres. Council approved centres can be found at:

https://www.mcnsw.org.au/sites/default/files/list_da_screening_collection_centres_april_2018_word_version.pdf

I will be attending:

Name of collection centre	Type of screening

Alternative collection centre

I cannot attend any of the listed Council approved collection centres because:

Please return this form to the Medical Council's Monitoring Team, fax 02 9816 5307, email medicalcouncil.monitoring@mcnsw.org.au or post PO Box 104, Gladesville NSW



Alternative collector – the Council must approve this before you start screening

Name of collector/contact person _____
(Title and full name)

Organisation _____
(name of collection centre, clinic or practice)

Email Address _____

Contact number _____

Address where sample collection will be taken _____

Postal address _____

I certify that this information is true and correct,

Your signature

Date

Office use only

Date of receipt _____

Complies with relevant criteria Yes No Reason/s _____

PO initials and date _____

Approval by Council Delegate Yes No Reason/s _____

Council Delegate name, signature and date

**Please return this form to the Medical Council's Monitoring Team, fax 02 9816 5307,
email medicalcouncil.monitoring@mcnsw.org.au or post PO Box 104, Gladesville NSW**



Illness certificate form

If an illness stops you from attending for screening, you must:

- visit a medical practitioner (your nominated treating practitioner is best)
- take this form with you
- notify us in writing within 24 hours of missing the screen.

The certifying medical practitioner:

- must complete this form
- must know about the conditions on your registration that require you to attend for screening
- may only certify that you are ill for up to 3 business days
- may provide additional information to support this form if required.

When you return to practice, you must:

- attend for screening no later than the next business day

Please ensure we receive this form within 5 business days of the first missed screen.

Section 1: Participant to complete

Name _____

Date/s of illness _____

Which screening date/s did you miss? _____

When will you next attend for screening? _____

- I have advised the certifying medical practitioner that conditions on my registration require me to attend for drug or alcohol screening.
- I have advised the certifying medical practitioner that you may consider my failing to attend for screening as non-compliance with those conditions.

I certify that this information is true and correct,

Your signature

Date

Section 2: Certifying medical practitioner to complete

Name _____

Registration number _____

Patient's name _____

Are you his/her nominated treating practitioner? Yes No

This is the treating practitioner the participant nominated to the Medical Council, as per the conditions on his/her registration.

Date/s of illness _____

This form is only valid for absence from screening for a maximum of **3 business days**.

When can they next attend for screening? _____

Did you advise, prescribe or administer any substance/s to treat this illness? Yes → _____

Details: _____

This includes any prescribed substance, narcotic derivatives, non-prescription compound analgesics and cold and flu medications.

No

- I have confirmed the participant's identity.
- I know that the participant is required to attend for drug or alcohol screening due to conditions on his/her registration.
- I know that the Council may consider the participant failing to attend for screening as non-compliance with those conditions.
- I understand the Council may forward this certificate to the participant's treating practitioner and any person or group involved in reviewing or monitoring their compliance with conditions on their registration.

I certify that this information is true and correct,

Certifying medical practitioner's signature

Date

Address and contact number

Office use only

Date received _____

Treating doctor section completed Yes No

Further action required Yes No

Comments _____

Program Officers initials and date _____

Leave from screening form

This form must be received by us **at least 5 business days before** you plan to take leave

Your name _____

What type of screening are you on?

Tick all that apply

Urine drug screening - UDS EtG screening

Hair drug screening - HDS (Go to Section C)

CDT (Go to Section C)

Why are you taking leave?

Please complete the relevant section below

Travel within Australia
(Go to section A)

Overseas travel
(Go to section B)

Health procedure
(Go to section D)

Other (provide details)

Destination/s _____

Dates of travel _____

Section A - Travel within Australia

You must attend for UDS and EtG while you travel within Australia

Can you attend for screening at a Council-approved collection centre while you travel?

Yes →
You won't need to supply supporting documents if you continue screening

Which centre(s) will you attend?

For screening centres outside of NSW please go to:

<https://www.ahpra.gov.au/Registration/Monitoring-and-compliance/Collection-centres.aspx>

No →

I have attached a letter to explain why I cannot attend for screening

We will contact you about your proposed leave

Section B - Overseas travel - You do not need to attend UDS and EtG

When you return you must supply evidence of travel, such as boarding passes and receipts from your destination **within 5 business days** and you **must** attend screening no later than the **next business day**

Date you will attend for screening on your return: _____

Section C – HDS and CDT (see section 9 of your participant's procedure)

When you return you must supply evidence of travel, such as boarding passes and receipts from your destination **within 5 business days**

HDS

If you are undergoing hair drug screening and plan to be absent on the date of your scheduled screening, you must attend before you leave.

Date for early screening _____

CDT

If you are undergoing CDT screening and plan to be absent on the date of your scheduled screening, you must **contact us before sending us this form** to be given a new screening date.

New screening date advised by Council _____

Section D - Planned health procedure (see section 9 of your participant's procedure)

Following your procedure you need to supply written confirmation from your treating practitioner, including what the procedure was, which substances they advised, prescribed or administered, and when you can return to practice

Planned procedure _____

Date of procedure _____

Dates you will be unable to screen from: _____ to: _____

Date you will next attend for screening: _____

Signature

I certify that this information is true and correct.

Your signature

Today's date

Office use only

Date of receipt _____

Complies with relevant criteria Yes No Reason/s _____

PO initials and date _____

Approval by Council Delegate Yes No Reason/s _____

Council Delegate name, signature and date